

Nampa Recreation Center's 18th Annual Indoor Triathlon-2015

Saturday, February 7, 2015

		Swim Time	Actual Bike Time	Time after Bike	Finish Time
Women					
1st Place	Sarah Passey	12:20	28:15:00	42:13:00	1 hr 18:02
2nd Place	Cindy Stice	19:31	33:47:00	55:11:00	1 hr 26:27
3rd Place	Diane Cercle	16:54	34:38:00	53:03:00	1 hr 27:48
	Amy Smith	18:38	29:48:00	50:36:00	1 hr 28:25
	Erica Gerber	15:35	34:59:00	52:44:00	1 hr 28:34
	Lerida Casanova Gilbert	20:36	33:37:00	57:14:00	1 hr 32:35
	Sarah DeAlba	18:53	36:30:00	57:28:00	1 hr 32:43
	Teresa Richins	20:00	36:18:00	58:22:00	1 hr 34:39
	Shawna Phillips	26:56:00	30:32:00	1:00:08	1 hr 34:54
	Lisa Underwood	20:14	37:27:00	1:00:30	1 hr 37:07
	Sage Stroud	19:18	38:42:00	59:47:00	1 hr 38:02
	Krista Gaona	18:18	33:41:00	53:50:00	1 hr 39:02
	Tonna Marek	27:25:00	32:43:00	1:02:07	1 hr 40:20
	Merry DePalatis	16:29	42:04:00	1:01:35	1 hr 40:40
	Lorae Lindstom	17:34	36:23:00	57:14:00	1 hr 43:11
	Brooke Foruria	22:23	37:24:00	1:06:20	1 hr 58:18
	Kris North	25:28:00	44:01:00	1:12:17	2 hr 09:52
Men					
1st Place	Ammon Christensen	13:16	28:57:00	43:55:00	1 hr 07:57
2nd Place	Ross Hoffman	18:26	28:05:00	47:58:00	1 hr 18:25
3rd Place	Kory Gaona	17:50	29:26:00	49:44:00	1 hr 21:09
	James Vincent	19:04	32:04:00	53:01:00	1 hr 23:30
	Marty Dixon	16:20	31:03:00	51:12:00	1 hr 28:36
	Mike White	17:25	31:06:00	50:33:00	1 hr 29:48
	Dennis Merrick	22:17	33:40:00	59:03:00	1 hr 32:50
	Dave Minnick	19:18	34:17:00	56:47:00	1 hr 33:57
	Chad Wood	15:38	33:38:00	55:30:00	1 hr 34:51
	Rex Stice	23:23	35:04:00	1:00:44	1 hr 35:53
	Mike Fenner	17:44	35:46:00	55:39:00	1 hr 36:27
	Chuck Shahan	16:54	37:51:00	1:02:40	2 hr 14:00
Teams					
1st Place	Skylar Gray	11:25	30:10:00	42:56:00	1 hr 08:36
	Ruben Gaona				
	Hunter Bullock				
2nd Place	Tammy O'Rourke	17:24	31:07:00	49:51:00	1 hr 27:43
	Mindy Baze				
	Jason Green				