

2016 Beginner's Triathlon

Male

	Swim Time	Time after Bike	Actual Bike Time	Time after Run
Bruce MacMahon	4:16	19:46	12:20	31:36:00
Michael Fenner	4:01	19:12	13:19	32:29:00
Nathaniel O'Rourke	4:29	21:06	13:45	33:20:00
Jarom Fogle	5:07	22:26	13:55	37:56:00
Aaron Berkowitz	5:22	23:36	12:45	38:57:00
Federico Rovigini	5:24	23:07	15:10	39:36:00

Female

Tammy O'Rourke	4:24	21:08	13:49	34:33:00
Lerida Gilbert	4:48	21:38	14:31	35:10:00
Bridget Hughes	5:06	21:46	14:12	37:43:00
Hannah MacMahon	4:15	21:39	14:42	41:38:00
Liz Thompson	6:44	24.06	13:44	42:39:00
Tori Zigmond	5:30	24.05	16:07	44:12:00
Laura Flores	6:58	25.08	15:42	44:43:00
Valerie MacMahon	7:01	26.29	15:23	45:05:00
Sarah Berkowitz	3:42	23:09	16:53	48:32:00